

J.G.H.

Carpentry & Joinery, Shipwright and Handyman

Jason G. Holmes

Bespoke joinery, cabinet making, kitchen
installation, loft boarding, decking, door hanging.

07538834988

New Tel. number: 01903 386652

Free Estimate. No job too small.
Available evenings & weekends.



Professional Chiropody /Podiatry



CAROL BRADFORD SMITH BA (Open) Dip Pod Med
MBCHA MSSCH

Solehealer Chiropody Ltd

CLINIC IN FINDON VALLEY AND HOME VISITS.

www.solehealerchiropody.com

Fully qualified, insured and registered with HCPC

0771920114

TEL 01903 872090 (answerphone)

From the Vicarage

Confession time: You may have noticed that there was a mistake on the front cover this month. I had originally put March instead of April but the situation was rectified with some stickers. I record my apologies to the production team for this mistake and offer some wisdom from Winnie the Pooh to Piglet: "My spelling is Wobbly. It's good spelling but it Wobbles, and the letters get in the wrong places." I hope you get the gist

Easter joy! Thank goodness for the saving grace of Easter: new beginnings, new life, forgiveness from sins - even simple mistakes - and great hope for us all! The prayer on the front cover expresses our thanks to those first disciples whose stories are recorded in the bible for us to admire, to empathise with, to follow, to learn from and to join with in wonder and awe at the great mystery of salvation.

Annual Parochial Church Meeting: April 29th 11.15 All Saints Hall. This is a time when we can look back with gratitude and look forward with hope as we celebrate our life together as God's people in this place. There will be formal reports about all our activities for you to read beforehand which will be approved on the day as well as people to elect for the PCC and Church Wardens. Only people who are on the church electoral roll can vote so if you are a regular attendee at All Saints and/or St Peter's please do ensure you are registered on the electoral roll.

Serving the church community. This is a good time to be thinking about how we serve God through our service to others, to the church family, to our community and to the wider world. We each have gifts and skills we could offer in accordance with the time and energy we have available. Some things require a regular commitment whilst others are intermittent; some are weekly or monthly or occasional. Some bear special responsibilities, others are more team roles with a shared responsibility. The following list gives you an idea of where you might feel called to serve or you may have a unique gift to offer there is something for everyone!

Corporate responsibility: Church warden; PCC officers; PCC member;

Committees: Family and children's team FACT; Social committee;
Fabric and premises; Pastoral Visiting team;

Other Areas; Missions; Admin and communications; Magazine
production;

Worship roles: readers; intercessors; Lay Ministers of Communion;
Choir members; Welcomers; Musicians; servers; cross bearer; bell
ringers; Vergers; sacristan;

Practical tasks: church cleaners; flower arrangers; magazine
collators; gardeners; office assistants;

Hospitality roles: Sunday coffee; Wednesday coffee and cake; Lunch
club; Knit and natter; fundraising activities;

Weekday services – all at All Saints unless otherwise indicated

Wednesday April 4 th	3.30pm	Care for Veterans Chapel Service	Jennie Bonner
Thursday April 5 th	10.30 am	Eucharist	Beverley
Wednesday 11 th	3.30pm	Care for Veterans Chapel Eucharist	Beverley
Thursday 12 th	10.30 am	Eucharist	Beverley
Wednesday 18 th	3.30pm	Care for Veterans Chapel Eucharist	Beverley
Thursday 19 th	10.30 am	Eucharist	Bob
Wednesday 25th	3.30pm	Care for Veterans Chapel Eucharist	Beverley
Thursday 26 th	10.30 am	Blessing and anointing	Beverley

**The Rowland Singers Choral Society sing The Creation by Haydn
on Good Friday**

Date: Friday 30th March 2018

Time: 7.00pm – 10.00pm

**Venue: Worthing Assembly Hall, Stoke Abbott Road, Worthing
BN11 1HQ**

The Rowland Singers Choir invites you to join them to enjoy The Creation on Good Friday. The Choir will be conducted by Helen Emery with orchestral support from Sinfonia of Arun.

Tickets cost £14.00 for adults and £4.00 for children.

To reserve your tickets ring 01903 238792/206206

Visit www.rowlandsingers.co.uk for further information about the choir.

DIRECT BLINDS

Unit 2, Northbrook Business Park,
Northbrook Road
Worthing, West Sussex, BN14 8PQ

Vertical, Venetian, Rollers and pleated blinds

Curtains, Valances, tracks and poles

Specialists in conservatory blinds and perfect
fit blinds

Canopies and Awnings

Shutters fitted by our City and Guilds
qualified carpenter and joiner

Tel 01903 823803

BUSINESS DIRECTORY

LOCAL HANDYMAN

Painter and Decorator, Gardening, Fencing, Household Maintenance. No job too small. Tel. Eddie on 01903 874146

HAIR BY SUE

Traditional mobile hairdresser.

40 years experience, specialising in: Shampoo & Sets, Perms, Cuts, Cut & Blow dry.

In the comfort of your home.

Phone Sue on 01903 824437

Do you run a business which could benefit from advertising in our Magazine?
Why not enquire at the church office.
Tel 01903 873711

Answers to Bible couples quiz
1E 2G 3L 4K 5F 6M 7N 8J 9B 10A
11H 12D 13C 14I

April Sunday Services in the parish

Date	Sunday	Time	Service	Place
April 1 st	Easter Day	6am	Sunrise service followed by breakfast	St Peter's
		8.30 am	Easter Eucharist with hymns	St Peter's
		10am	Said Eucharist Parish Worship for All with Holy Communion	All Saints
8th	Easter 2	8.30	Eucharist with hymns	St Peter's
		10am	Parish Eucharist	All Saints
		11am	Worship for All	St Peter's
15th	Easter 3	8.30 am	Said Eucharist Eucharist with hymns	All Saints St Peter's
		10am	Parish Eucharist	All Saints
		10am	Bible Hub	Start in church / move to Hall
22nd	Easter 4	8.30 am	Said Eucharist Eucharist with hymns	All Saints St Peter's
		9.30 am	Breakfast	All Saints Hall
		10am	Parish Eucharist	All Saints
		10am	JUMP	All Saints Hall
29th	Easter 5	8.30 am 10am	Eucharist with hymns Parish Eucharist	St Peter's All Saints

Family Activity Morning with Easter Peg Hunt

St Peter's Church
High Salvington BN13 3BP

Saturday 31st March
10am - 12 noon

£1 entry.



All children must be accompanied
by a responsible adult.



Freeview Digital TV Aerials
Freesat Satellite Dish Installation
TV tuning and set up
DVD set up
Extra TV Points
Telephone points from £50
Broadband wiring
Tidying of wiring

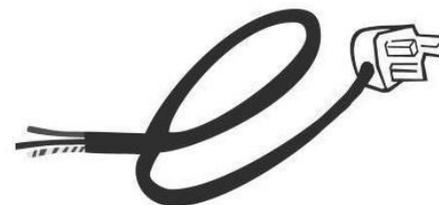
Ian Parkin for TVs



**Got a problem with your TV or
Phone?**

Call for a Free Quote now

All work guaranteed Ian Parkin: 01903 521572
Mobile: 07976 064639
Email: ian@cablesandwires.eu



**CABLES &
WIRES**

A TRULY INDEPENDENT
FAMILY FUNERAL DIRECTOR



IAN HART Funeral Service Ltd



A.J. Pratley
(Great-Grandfather)
1869-1926



A.G. Pratley
(Grandfather)
1906-1991



Ian Hart
Dip. FD. L.M.B.I.F.D.



Jane James
Cert. FP. F.I.F.D.C.



Sam Hart

- Private Chapels of Rest
- Pre-paid Funeral Plans
- Monumental Masonry
- British Fleet
- Bereavement Counselling Service
- Flowers
- Catering
- Horse Drawn Hearse



*As a small family run company
we pride ourselves on offering a
personal and professional service*

24 hour service to all areas

01903 206299

92-94 Broadwater Street West, Worthing, BN14 9DE
(opposite Broadwater Green)

ian@ianhartfuneralservices.co.uk
www.ianhart.org



PRIVATE SERVICE CHAPEL AND CATERING SUITE
THE GORDON CHAPEL
20 SOMPTING ROAD, WORTHING, BN14 9EP

APCM—Sunday 29 April 18

The Meeting of Parishioners (for the purpose of electing the Churchwardens) and the Annual Parochial Church Meeting (APCM) are to be held in the **Donald Rose room** at **All Saints Church** on **Sunday 29 April 2018**.

The meetings will convene at 11.30am following the end of the 10am service and the serving of coffee.

There will be a parish lunch in the hall following the meeting.

Formal notices of both meetings will be posted on noticeboards in early April in accordance with the Church Representation Rules and Churchwardens Measure.

There are a number of vacancies for PCC members so please consider whether you can assist in the running and governance of the church. If you can, or would like to discuss further, then please contact either Revd Beverley, the Churchwardens or myself.

Julian based prayer from Lynda Basford

Father God,

I come into your presence aware of my human frailty and overwhelmed by your love for me.

I thank you that no matter where I am, your love will reach me.

If I climb the highest mountain you are there;

If I find myself in the darkest valley you are there.

Teach me to love you more.

Help me to discover how to rest in a love that asks nothing more than the simple trusting heart of a child.

In Jesus name, Amen

The Lord's Prayer

Every so often it is stimulating to do things in a different way. It prevents us from getting into ruts or from becoming inflexible. Most of us dislike change because it removes us from our comfort zones and this makes us feel insecure.

I am not for one moment denying the beauty of traditionalism or of well known prayers, but just sometimes a new way of looking at things is refreshing and restores our souls.

I came across this paraphrase of the Lord's Prayer at St. Cuthman's retreat centre. I am sure that some of us tend to say this prayer without always thinking of the true meaning behind every line. It goes like this:

Father and Mother of us all,
You are love through and through,
And we bless you.
Let your new world come,
Let what you long for always be done
In everyone, everywhere and in us.
Be near enough to reach our needs every day,
Be gentle enough to forgive us the hurt that we have done to
You,
As we are gentle and forgive in our turn.
Never let us fall but draw us away from evil and the dark.
For we know the world that is coming is Yours,
All Yours in richness and beauty and splendour.

Paraphrase by Simon Bailey
Sent in by *Carol Raby*

Groups and Organisations

Brownies: Contact: Annamarie Beresford 265353
Jackie King 261805

1st Findon Brownies - Meet Mondays 4.30-5.45 pm
2nd Findon Brownies - Meet Mondays 6.15-7.30 pm

Safeguarding Officer:
Jennifer Goddard 872019

Christian AID: Cliff Dormand 872306

Church Flowers: Celia Berrett 522327

Guides: Contact: Caroline Rickard 01243 782994
Meet in the hall each Friday 7.00-9.00 pm

Mother & Toddler Group: Mrs Philippa Bennett 07742 391278
Meet in the Donald Rose Room every Monday 9:45 to 11:15am

Pre-School : Secretary: Mrs Philippa Bennett 07742 391278
Meet in the Hall. Ages 2-4.
Mon—Fri 9.00-12.00 pm. Mon, Tues and Thurs 12.00-3.00 pm.

Rainbows: Contact: Emma Hopkins 07766 562225
Meet Fridays 5:30—6.45pm

Women's Institute: President: Mrs Jan Howe 262786
4, Hayling Gardens, BN13 3AJ

Secretary: Mrs Susan Murphy 872289
17, Coombe Rise, BN14 0ED

Second Wednesday in the month in the Church Hall at 2.00 pm

PARISH DIRECTORY

Christian Stewardship Treasurer	Sheila Payne 23 Cissbury Avenue	872909
Hall Letting : All Saints & St Peters	Chris Symonds	873214
Parish Magazine: Distribution Organiser	Diane Perle 22 Cissbury Gardens	872939
New JUMP with Breakfast from 9:30 am in the Church Hall (4th Sunday) for Children whilst their parents go to Church	Church Office	873711
Holy Baptism and Holy Matrimony	Apply to Priest in – Charge Beverley	873732

A short note from the editors:-

Many thanks to everyone who has sent content for this month's magazine. Anything to be included for the **May** issue

needs to be with us by **Saturday 21st April**

Please email:
allsaints.magazine@gmail.com

Many Thanks, Karen and Debbie

The Lord's Prayer (Number 2)

As Carol says in her article, it is good to shake up our habits of thought and look at things anew. If you have ever wondered what Jesus' prayer sounded like in his own language of Galilean Aramaic, here is a translation by a scholar of that language, Steve Caruso. Try reading it aloud – perhaps in private! At the very least it may make you think about the meaning of the individual phrases that we know so well.

Abba,

Father,

Yithqadash sh'mak.

May thy name be holy.

Tethe malkuthak.

May thy kingdom come.

Teh'wey ra'uthak.

May thy will be done.

Pitthan d-çorak hav lan yomden.

Give us today our needed bread.

w-Shbuq lan hobenan.

And forgive us our debts / sins.

Hek 'anan sh'baqin l-haibenan.

As we forgive our debtors.

w-La 'ul lan l-nisyon.

And lead us not into temptation.

Amen.

If you would like to hear it spoken, an alternative translation can be played phrase by phrase at

www.abwoon.org/library/learn-aramaic-prayer/

The earliest written version of the prayer was recorded in Greek, so there is no exact rendering of it in Aramaic. Since the Aramaic word for 'sin' is the same as for 'debt', this leads to the translation above, which is different from our familiar 'trespasses'. There are other subtleties in making a reverse translation, but I think the simple version above is sufficient and quite inspiring.

Peter Raby

**WALK of
WITNESS**



Good Friday

March 30th

10.15am All Saints Church

**Walk with us from All Saints Church, Cissbury
Drive to FVFC, Lime Tree Avenue across the
Gallops and up to St Peter's Church,
High Salvington as we remember
Jesus' last walk to Calvary carrying the cross.**

**Or join us at St Peter's at 11.30
as we place the cross in the Easter Garden.**

*Hot cross buns and coffee
in St Peter's Church from 11.45*

All Saints Halls For Hire

We have two rooms available to rent within our Church building. A large hall or a smaller hall which we call The Donald Rose Room, this one is carpeted.

We have recently refurbished our larger hall and this now has portable staging and lightweight, foldable chairs

There is a well-equipped kitchen that includes a large cooker with 2 ovens and use of a fridge. The kitchen can be used for either hall as it has 2 hatches. There are large and small tables plus plenty of chairs available to use. Off the Donald Rose there is a small-enclosed garden.

These halls can be hired at very reasonable rates; during the week the halls can be hired from as little as £11.00 an hour for the Donald Rose Room and the larger hall from £13.50 an hour.

At Weekends the halls can be hired together for the whole morning or afternoon or evening session for very reasonable rates starting from £75.00, please call or email for more information.

If you are interested in hiring either of these for Children's Parties, Wedding or Anniversary Parties, Fundraising Events or Meetings.

Please contact Heather Symonds on 01903 873214, or email: cjsymonds@ntlworld.com

Hiring St Peter's Church in High Salvington

We have a lovely space at St Peter's which is firstly our church but also a community hall which we welcome others to hire for a reasonable fee to cover the running costs e.g. for electricity, cleaning and heating. We do have a few restrictions on this hire because of the dual nature of the building so not all requests can be accommodated.

There is a kitchen and a beautiful, secluded garden. The building is accessible to wheelchair users via a portable ramp and the garden can be accessed from a side gate.

The building is most suitable for meetings, adult education, musical recitals, art exhibitions, coffee mornings and fundraising events.

If you would like more information or have an event in mind, please call:

Heather Symonds 01903 873214 or

email: cjsymonds@ntlworld.com

All Saints Hall Charges — JANUARY 1ST 2018

Weekdays per hour

Main Hall = £13.50 day time
£18.50 evening

D R Room = £11.00 day time
£16.00 evening

Weekends per Session

Morning 8.30 - 13.00 = £75

Afternoon 13.15 - 17.45 = £75

6am

St Peter's
Church, Furze
Road, High
Salvington



**Come and celebrate with us on
Easter Morning as we gather to
find that Jesus is risen. Join us for a
breakfast of cereals, fruit and
pastries at any time between
6.45am and 7.30am**

**The Easter Eucharist will be
celebrated at St Peter's at 8.30am**

Safeguarding at All Saints with St. Peter's

We take safeguarding very seriously and are committed to providing a safe and caring environment for children, young people and vulnerable adults, protecting their rights and protecting them from harm. Our full policies and procedures are available for all to see, please get in touch if you would like to see them. Our Youth and Pastoral Team all receive regular training on safeguarding matters and have relevant DBS checks. If you have any concerns about the welfare of someone, whatever age or are concerned about anything that happens within our Church, please get in touch to discuss it with me.

Contact Jennifer – 01903 872019
E-mail – safeguardng.allsaintsfv@aol.co.uk

CHRISTIAN AID 2018

I have been the Christian Aid rep. for the parish for 10 years and I would now like to hand this job over to someone else.

The main event to organize for Christian Aid is the house to house collection in May each year. This should only take a few hours each week for 3 – 4 weeks in April/May. You can also organize other fundraising events and collections (e.g. coffee mornings, social events, store collections) within the week and at other times of the year if you wish.

It is not essential to have a house to house collection if you prefer to use other methods of fundraising but this does seem to be the most productive method of collecting money for Christian Aid.

Attendance at 3 evening meetings of the Christian Aid Committee in Worthing per year is also desirable but not essential.

If anyone feels that they would like to take over this job, please let me know as soon as possible.

Christian Aid Week this year is 13th – 19th May.

KNIT and NATTER



**We meet at
All Saints Church, Cissbury Drive every
Tuesday
from 2.15pm to 3.45pm.**

**You are very welcome to join us to knit or to
natter whilst enjoying a cup of tea and cake.**

**Phone Revd Beverley on 07786 924 942
to find out about dates and venues.**

WHCP Notice for April

Very many thanks for all the tea you donated in March

I think you will be interested to know that Worthing Community Hub, an integral WCHP service, is hoping to create a multi functional space that is welcoming to clients. Work on this will take place between 21-22 April, when the skills of carpenters, painters, plumbers, and electricians will be needed!

March was a very sad month for me and many people at WCHP as one of the clients who then became a volunteer died suddenly. He was one of the very first people I met over 20 years ago. He had probably the most brilliant mind I have ever encountered as well as being a highly talented artist. He actually visited All Saints a couple of times.” I feel very privileged to have been able to get to know him so well and spend so much time in his company.”

Support, inspire, foster

Do you know someone who is looking for a new challenge this year? Perhaps they want to make a difference? It could be the perfect time to let them know that more foster carers are needed to support vulnerable West Sussex children.

The County Council’s Fostering Recruitment Team would particularly like to hear from people who have experience with supporting vulnerable children or young people, either in a personal or professional capacity.

As a West Sussex foster carer, you will receive support and training as well as an allowance, with enhanced rates paid for specialist ‘parent and child’ foster carers.

A spare room is a must, but there is no upper age limit for fostering with West Sussex County Council. To find out more call the team for an informal chat on 0330 222 7775 or visit

www.westsussex.gov.uk/fostering for a list of upcoming information sessions being held across the county.

NOTICE

Please note all items for inclusion in the Parish Magazine can be emailed to:

allsaints.magazine@gmail.com

FINDON VALLEY W.I.

WILL BE MEETING
AT
ALL SAINTS CHURCH HALL
FINDON VALLEY
ON
WEDNESDAY 11th APRIL 2018
STARTING PROMPTLY AT 2 p.m

ROGER CLARKE WILL BE SPEAKING TO US
ABOUT “ROMANCE ON THE ORIENT EXPRESS”



There will also be a Competition “Flowers in an egg cup”

There is always a very warm welcome for Visitors and New Members; so why not come along, meet people and chat over a cup of tea on the second Wednesday in every month, we shall be very pleased to see you
IF YOU WOULD LIKE FURTHER INFORMATION PLEASE RING 262786



Coffee Morning

Coffee - Tea - Cake

Lots of chat and good
company

EVERY WEDNESDAY
MORNING

10.30am - 11.30am

All Saints Church
Findon Valley



Contact
01903 528627
for details

GuildCare

Open to ALL

WATERCOLOUR PAINTING CLASSES

MONDAY MORNINGS

10 AM - NOON

AT ST. PETER'S HIGH
SALVINGTON



ALL
ABILITIES

ABSOLUTE
BEGINNERS
WELCOME

START 11 SEPT

New term started on Monday 8th Jan 2018.

For more information, please phone **Jennie** on **01903 501577.**

Everyone is welcome to join in or support the events below!

Dates for the Diary:

Coffee and Cake EVERY WEDNESDAY at All Saints Church
10.30 to 11.30. Tell your friends! - see Page 12

Bible Hub Sunday 21st April 10am
for young and young at heart

New JUMP with Breakfast and Activities

Bible stories, activities and breakfast!
Next **JUMP** will be on Sun 28th April
Do come and join in with the activities,

Children under 3 will need
to bring an adult with them.



Family Activities

@Chichester Cathedral

'Spring has Sprung!'

Friday 13th April 2018
from 10.00am – 3pm (Last entry 2.30pm)

**A fun filled family day to be held
in Chichester Cathedral**

Join us to make your own 'Grow Head' or design and make all kinds of spring flowers, birds or animals.

Search for things that grow and see how many you can track down with the aid of a colourful Cathedral trail before collecting a prize on completion from the shop.

There is no need to book just drop in. The cost is **£2.50 per child** .

Suitable for children aged 3 – 12 years, who must be accompanied by an adult. There will also be a carpeted area available with soft toys for children under 3 years, who come along with their older brothers and sisters.

Why not take advantage of the Cloisters café offer of Kids Meals for £1.50 when an accompanying adult buys a lunch item, with a valid voucher?

Come along and join in all the fun!

For further details contact Sue on 01243 812497 or email



West Gallery Workshop

Sunday 13 May at 2.00pm

at

St John the Baptist Church, Findon

~~ Singers & Musicians welcome ~~

Donations to cover cost of music and refreshments

Please register for your music copy by 6 May

Singers and Musicians can enjoy and learn the music in a workshop setting with Sussex Harmony, joining the Quire and Gallery Band to lead the music in the service.

Come to sing, listen or play flute, recorder, oboe, clarinet, violin or cello

.....
All welcome at 6.00pm for the

Evensong

(Evening Prayer from the Book of Common Prayer)

Please contact : Reverend Helena Buque 01903 873601,
or Rachel Jordan 01273 476837,
email :rabid27@btopenworld.com

sussexharmony.org.uk ----- Find us on facebook

Money talks

They tell the tale of the little girl sent to Sunday school for the first time. Asked how was it, she was full of enjoyment, but said she didn't want to go again. "Why not?" because you have to pay to get out!

Or the boy enduring a long and boring sermon – not at All Saints of course - who dug his dad in the ribs and said "Can't we pay him and go now?"

I remembered these old lines because I happened today to hear a "news item" about a vicar who was "bringing the church into the 21st century" by telling his congregation to contribute the money by text. I've no complaint about that, but he was setting aside 5 minutes before and after the service for this texting to take place and telling them not to text during the service.

Now it may seem odd that for our services you don't pay to get in or to get out, but in the middle; it's called the OFFERTORY.

The early Church made a great Thing about this with everyone bringing their own produce, rather like a Bring & Buy or Harvest Festival, with the Deacons collecting it all and the bishop picking out the bread and wine needed for the next bit of the service and the rest would be sold for, or given to, the poor. It all got a bit too chaotic and chancy, so it was agreed that the deacons should provide the bread and wine and everyone else should pay for it. Which is why we have a collection in the middle of the service, much neater but still full of meaning – we earn our living and bring our living to God's altar.

My anxiety about that 21st century vicar is that he has separated the offering of the people of God from the worship and turned it into a form of Club membership subscription. If only he set aside 3 or 4 minutes at the time of the Offertory for people to text the money in, the meaning would not be lost and I would be all for giving it a try.

The money collected at the Communion service used to go to the churchwardens to be kept quite separate from any other money given at any other time and could only be used to provide the bread and wine needed, anything over given to the poor. All other money at other services or occasions went to general church use. But this distinction seems to have died out. Pity!

It's really quite important to remember and make it clear that no-one has to PAY to belong to the church. It is illegal to charge a fee for Baptism, which is why any vicar who demands a baptism fee should be in court for it. Other things, like marriage, churching, burial etc., yes; but not Baptism.

“If we all stick together we’ll be all right,” said one Gadarene pig to his neighbour. He was wrong then, but it’s true for us Christians, we can’t go it alone. When I tried to teach small children the Lord’s Prayer I used to say the most important word is the first, OUR, we are never alone when we pray; nor can we be alone in worship.

We talk about coming to the church service on Sunday morning, but in fact we come to two services and the start of each one and the climax of each one is marked by the same transition code word – THE LORD BE WITH YOU and the response.

We start with a service of Prayer and Bible readings in which the climax is the Gospel. As we start THE LORD BE WITH YOU requires us to say that we are there and doing our share by attending; when we get to the Gospel which is the high point we are reminded again “are you there with me?”

The second service is the Lord’s Supper, the great thanksgiving/blessing prayer and it begins in the same way THE LORD BE WITH YOU. If there were no-one to answer the priest cannot proceed.

And then at the end of the Lord’s Supper we are (need to be) reminded (THE LORD BE WITH YOU) that we still need each other when we go out to get on with life, loving and serving the Lord. There’s no end to it!

Three “footnotes”. 1. You will have spotted at once that the opening in our service book is the more elaborate “Grace , mercy and Peaceetc” and not The Lord be with you. I don’t know why or when this was decided, but the principle is the same though not so obvious; it’s the thought that counts.

2. This little exchange formula is called Versicle & Response and comes from the old Latin service. We could of course have modernised it as I did once in a packed school chapel “Nice to see youetc.

3. The response used to be “and with thy spirit”. I personally feel “and also with you” is a bit undistinguished for such an important word and wish they had gone to the book of Ruth ch 2 and told us to respond “The Lord bless you”.....but it’s the thought that counts!

Light Lunch plus

1st Thursday of every month at

All Saints Church

12.30 to 3.30pm



**Come and join us
for a Light Lunch
of soup, followed**



**by table games, scrabble, cards etc.
Then enjoy tea and biscuits before going
home.**

**The next Light Lunch will be held on
Thursday 5 April**



The secret recipe

When God created mothers, it was well into overtime on the sixth day. An angel dropped by and commented, 'Lord, you are taking your time over this creature!'

God Replied, 'You should see the special requirements in the specification! She has to be easy to maintain, but not made of plastic or have any artificial components. She has one hundred and sixty movable parts, and nerves of steel, with a lap big enough for ten children to sit on it at once, but she herself has to be able to fit into a kiddies chair. She has to be able to mend everything, from a grazed knee to a broken heart. And she's supposed to have six pairs of hands.' The angel shook her head, 'Six pairs of hands? No way!'

'The hands are easy,' God said. 'But I'm still working on the three pairs of eyes that she needs.'

'Is that the standard model?' The angel asked.

God nodded, 'Oh yes. One pair to look through closed doors, while she asks, "What are you doing?" even though she already knows the answer. A second pair at the back of her head, to see what she's not meant to see, but needs to know about. And of course, the pair at the front that can look at her child, let him know that he is behaving badly and had better change his ways, while at the same time letting him see how much she loves and understands him.'

'I think you should go to bed now, Lord, and get some sleep,' said the angel.

'I can't do that,' said God. 'I'm almost there. I have nearly created a being who heals herself when she's ill, who can delight thirty children with one little birthday cake, who can persuade a three year old not to eat clay, a six year old to wash his hands before meals and a nine year old to use his feet to walk and not to kick.'

The angel walked slowly around the prototype Mum. 'It's too soft,' she said.

'But tough,' God retorted. 'You wouldn't believe the wear and tear this Mum will tolerate.'

'Can she think?' asked the angel.

'Not only think but reach wise judgements and essential compromises,' said God. 'And she can do more than that. She can forget!'

Finally, the angel ran her finger across the model's cheek.

'There's a leak,' she said. 'I warned you that you were trying to get too much into her.'

Quiz on Romances

Prince Harry and Meghan Markle will celebrate their wedding day next month on Saturday the 19th of May. Thinking of other well-known romances, can you match the correct partners for these 14 couples? Some are from the Bible and some historical.

- | | |
|-----------------|---------------|
| 1. Abraham | A. Rachel |
| 2. Adam | B. Delilah |
| 3. Mark Anthony | C. Mary |
| 4. Othello | D. Pocohontas |
| 5. David | E. Sarah |
| 6. Boaz | F. Bathsheba |
| 7. Albert | G. Eve |
| 8. Napoleon | H. Juliet |
| 9. Samson | I. Elizabeth |
| 10. Jacob | J. Josephine |
| 11. Romeo | K. Desdemona |
| 12. John Smith | L. Cleopatra |
| 13. Joseph | M. Ruth |
| 14. Zechariah | N. Victoria |

All Saints Walking Group

Three people and a dog called Russell enjoyed a muddy but sunny walk to the north of Cissbury on the 13th March.

After watching some of the race horses training we stopped in Findon for refreshments before returning to the Valley.

The next walk will be on Saturday 28th April starting from All Saints Church at 9.30 am.

Please note the earlier start time.

As usual please wear suitable footwear and clothing to suit the weather conditions on the day.

MEMORANDUM JMC (3½ yrs before Pentecost)

To: Jesus, Son of Joseph
Woodcrafter Carpenter Shop, Nazareth

From: Jordan Management Consultants Jerusalem

Dear Sir:

Thank you for submitting the resumes of the 12 men you have picked for management positions in your new organization. All of them have now taken our battery of tests; we have not only run the results through our computer, but also arranged personal interviews for each of them with our psychologist and vocational aptitude consultant.

It is the staff opinion that most of your nominees are lacking in background, education and vocational aptitude for the type of enterprise you are undertaking. They do not have the team concept. We would recommend that you continue your search for persons of experience in managerial ability and proven capability.

Simon Peter is emotionally unstable and given to fits of temper. Andrew has absolutely no qualities of leadership. The brothers, James and John, the sons of Zehedee, place personal interest above company loyalty. Thomas demonstrates a questioning attitude that would tend to undermine morale. We feel that it is our duty to tell you that Matthew has been blacklisted by the Greater Jerusalem Better Business Bureau. James, the son of Aipheus, and Thaddaeus definitely have radical leanings, and they both registered a high score on the manic-depressive scale.

One of the candidates, however, shows great potential. He is a man of ability and resourcefulness, meets people well, has a keen business mind and has contacts in high places. He is highly motivated, ambitious and responsible. We recommend Judas Iscariot as your controller and right-hand man. All of the other profiles are self-explanatory.

We wish you every success in your new venture.
Sincerely yours, Jordan Management Consultants

[Source is unknown]



News for April - Janet Philpott, Cathedral Link

Easter Day services are being held at the cathedral as follows:

8.00 a.m	Holy Communion
10.00 a.m	Easter Mattins
11.00 a.m	Easter Sung Eucharist
3.30 p.m	Easter Evensong

The following lunchtime concerts will be held at the Cathedral on Tuesdays during March, commencing at 1.10p.m:

17th	Aurora Trio	Flute,viola,harp
24th	T Ravalde	Organ

On Friday 13 April, between 10.00 a.m and 3.00 p.m, there will be a family activity called Spring has Sprung. Families can follow a trail, collect a prize and then go to the Vicars Hall to take part in some art and craft activities. £2.50 per child. No need to book.

Advance Notice:

The **Festival of Flowers** - This Earthly Paradise takes place between 31 May and 2 June.

Advance tickets are available from www.ticketsource.co.uk/chichestercathedralflowers or by telephone on 0333 666 3366.

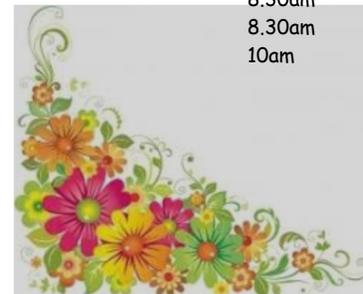


Dates for Holy Week

All Saints Church, Findon Valley
with St Peter's Church, High Salvington



Palm Sunday 25 th March	9.30am 10am 10.45am	Breakfast for all at All Saints Church Hall Parish Eucharist at All Saints Donkey Walk and coffee at All Saints Church Hall
Monday 26 th	8pm	Compline at All Saints
Tuesday 27 th	12noon 8pm	Blessings of Oils and Renewal of Vows At Chichester Cathedral Compline at All Saints
Wednesday 28 th	7.30pm	Agape Meal at All Saints
Maundy Thursday 29 th March	10.30am 7.30pm	Said Eucharist at All Saints Eucharist with Foot Washing at All Saints followed by the Watch
Good Friday 30 th March	10.30am 2pm	Walk of Witness Hour at the Cross
Saturday 31 st	10am - 11.30am	Family Activity Morning at St Peter's with Easter Egg Hunt
Easter Sunday 1 st April	6am 8.30am 8.30am 10am	Sunrise Service at St Peter's followed by Breakfast Eucharist with Hymns at St Peter's All Saints service to be advised Worship for All with Holy Communion at All Saints



A photo taken during the Craft Morning at St Peter's on 17th March—a dustng of snow



Getting On – Just!

Just a line to say I'm living
That I'm not among the dead
Though I'm getting more forgetful
And mixed up in my head
I've got used to my arthritis
To my dentures I'm resigned
I can manage my bifocals
But how I miss my mind

Sometimes I can't remember
When I'm standing near the stairs
If I should go up for something
Or I've just come down from there
Before the fridge so often
My mind is filled with doubt
Now did I put some food in there?
Or have I come to take it out?

Sometimes when it's night-time
With my nightcap on my head
I don't know if I'm retiring
Or just getting out of bed
If it's not my turn to write my dear
I hope you won't get sore
I may think that you have written
And didn't want to be a bore

So remember I do love you
And wished you lived near
Now it's time to post this
To say goodbye my dear
Oh! I stood beside the postbox
My face was purple red
Instead of posting this to you
I've opened it instead.

Sent in by *Phillip Quarterman*

Craft, Cake and Company

A creative group in the evening once a month
Open to anyone who enjoys craft

Bring your own project and enjoy an evening of friendship.

Monday 9th April

At the Vicarage

Drop in between 7-9pm, stay as long as you feel

There will be a warm welcome with plenty of tea, coffee and cake.



Your craft can be anything; colouring, card making, cross stitch, knitting, crochet if you can transport it and are happy to undertake it within a group then you will be welcomed.

The group will run the 2nd Monday of each month except August

The cost of £1 will include the refreshments
For more information contact Debbie / Beverley
07936540218 / 07786924942

'FLOWER ARRANGERS NEEDED'



HELP IS REQUIRED TO ARRANGE FLOWERS AT

'ALL SAINTS CHURCH, FINDON VALLEY'

ANYONE INTERESTED PLEASE CONTACT:

CELIA BERRETT

01903 522327 or

e-mail celia.berrett1@virginmedia.com



The Shack wrestles with the timeless question, “Where is God in a world so filled with unspeakable pain?” The answers Mack gets will astound you and perhaps transform you as much as it did him.

FILM NIGHT

Saturday 7th April

All Saint Church Hall

Film starts 5pm

The film will be followed by a meal with the opportunities for discussion

Please come and join us

Donations are invited for the evening.

Please note this film is rated as suitable for 12 years plus

Candle in the wind?

On Easter Day – April 1st this year and I look forward to hearing a sermon on the text “I am a fool for Christ’s sake” – the new Paschal Candle will appear in church. It represents the Risen Christ’s presence with his people after the Resurrection and will be lit for every service in Eastertide. After that it is only lit for Baptism (when we are joined into the death and resurrection of our Saviour) and for funerals as a sign of the same belief.

It would be well worth taking a moment to go and look at the design at the bottom of the candle to see what it says. It includes the year – his are all times and seasons – the Alpha and Omega – the beginning and the end (the A to Z of the Greek alphabet), and 5 symbolic grains of incense stuck in to represent the 5 wounds of Christ on the Cross. This central pattern is often surrounded by some palm leaves and /or the empty tomb with a centurion on guard. Other designs include the Lamb and Flag (there’s another magazine article or sermon) and some throw in a few spare angels for good measure.

The candle represents the presence of the Risen Christ with us. So it is blown out after the Gospel on Ascension Day when he was received (up) into heaven.....or it used to be until about 20/30 years ago when someone decided to keep it going till Pentecost/Whitsun; or perhaps they forgot to blow it out? No-one has ever explained to me why a candle representing Jesus with us should remain lit after he has ascended and is no longer with the disciples. I await with interest a stream of responses telling me how wrong I am----what’s new?

Anyhow it’s there all year, lit or unlit, so go and have a look at it.

Fr. Hugh



Sunday 13 May

Afternoon Workshop at 2.00pm

Musicians and Singers needed !

at St. John the Baptist, Findon

Come to **sing**, listen or **play** flute, recorder, oboe, clarinet, violin or cello.

Robust music from before the age of the church organ.

The more the merrier as this music needs to be sung and played with as much enthusiasm as accuracy.

During the afternoon, from 2.00pm, musicians and singers gather to enjoy and learn music in a supportive workshop setting with Sussex Harmony, joining the Quire and Gallery Band to lead the music as part of the traditional service of Evening Prayer from the Book of Common Prayer at 6.00pm.

During the workshop you will learn a psalm, canticles, hymns and an anthem that were performed in Sussex churches in the 18th and 19th centuries. They're great fun to sing or play and quite easy to learn.

A music booklet will be prepared for you. There will be a break for light refreshments at 5.00 pm. .

For more information about this event contact Reverend Helena Buque 01903 873601,

or Rachel Jordan 01273 476837; rabid27@btopenworld.com

If you would like to come along please let Helena or Rachel know by the weekend of 5 and 6 May in order that a music booklet can be printed for you

**** Instrumentalists **** *please let either of us know which instrument you will be playing as we may have to prepare a transposed copy for you.*

**A Service of Evening Prayer from the
Book of
Common Prayer at 6.00pm
at
St. John the Baptist, Findon**

All are welcome to join us for this traditional
service

Sussex Harmony, based in Lewes, was founded in 1992. We are celebrating 25 years of 'Singing through Sussex'. During this time we have given workshops and concerts throughout the county as well as taking part in all sorts of festivals and services. We research and perform the music of the English country churches and independent chapels from the 18th and 19th century, and its American derivative, shape note music, from New England and the southern states.

Rural parish choirs relied on the village band to provide musical accompaniment in the services. Singers and 'musicianers' sat in the gallery at the west end of the church. The musicians not only led the singing in church but also played for the village dances at traditional festivals.

Our music is transcribed from source – manuscripts or printed books from sources which survive in libraries, record offices and museums, occasionally in churches or in private individuals' possession. We are fortunate in Lewes to have the MacDermott Collection held at Barbican House.